# Image result for reception pe cliparthttps://online.succeedin.co.uk/app/webroot/files/succeedinEditorImages/year%20r_1584137207.png?1584137207

Click on the links for some great video-based ideas to do at home.

**Dance**

Just Dance 2018 - Waka Waka This Time For Africa

<https://www.youtube.com/watch?v=gCzgc_RelBA>

**Fitness**

Kids Beginners Workout | The Body Coach

<https://www.youtube.com/watch?v=mhHY8mOQ5eo>

**Yoga**

Mini the Puppy | Cosmic Kids Zen Den - Mindfulness for kids

<https://www.youtube.com/watch?v=K7FUbTac_ds>

**Disney Dance-along**

<https://www.thisgirlcan.co.uk/activities/disney-workouts/>

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**Dance**

Just Dance 2018 - Waka Waka This Time For Africa

<https://www.youtube.com/watch?v=gCzgc_RelBA>

**Home Fitness**

5 Minute Move Featuring Betsy | The Body Coach TV

<https://www.youtube.com/watch?v=u0_1QBQ8Syk>

**Yoga**

Thought Bubbles | Cosmic Kids Zen Den - Mindfulness for kids
<https://www.youtube.com/watch?v=xUUq0HuSLS0>

**Home Challenges**

<https://primarypeplanning.com/home-pe-ks1-challenge-activities/>

**Disney Dance-along**

<https://www.thisgirlcan.co.uk/activities/disney-workouts/>





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**Dance**

Let's Dance: I am Alive - will.i.am

<https://www.youtube.com/watch?v=2pgR87RVD14>

**Home Fitness**

5 Minute Move | Kids Workout 1 | The Body Coach TV –

<https://www.youtube.com/watch?v=d3LPrhI0v-w>

**Yoga**

Yes You Can! | Cosmic Kids Zen Den - Mindfulness for kids

<https://www.youtube.com/watch?v=jzYtNWjQiK0>

**Home Challenges**

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**Dance**

Macarena. Just Dance 2015

<https://www.youtube.com/watch?v=zyIXQsDY9NE>

**Home Fitness**

5 Minute Move Featuring Francesca | The Body Coach TV

<https://www.youtube.com/watch?v=hvJXQT4gowg>

**Yoga**

Popcorn the Dolphin | A Cosmic Kids Yoga Adventure!

<https://www.youtube.com/watch?v=YR1OxBk8BF4>

**Home Challenges**

<https://primarypeplanning.com/home-pe-ks2-activities/>

**Disney Dance-along**

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**Dance**

Just Dance 4 What Makes You Beautiful

<https://www.youtube.com/watch?v=dpY4ZTV7Fm0>

**Home Fitness**

Active 8 Minute Workout Featuring Alfie | The Body Coach TV

<https://www.youtube.com/watch?v=EXt2jLRlaf8>

**Yoga**

Cosmic Kids Yoga Disco | Washing Machine Song!

<https://www.youtube.com/watch?v=dw-0bmtDPnk>

**Home Challenges**

<https://primarypeplanning.com/home-pe-ks2-activities/>

**Disney Dance-along**

<https://www.thisgirlcan.co.uk/activities/disney-workouts/>

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**Dance**

Mambo No 5 - Just Dance Summer Party

[**https://www.youtube.com/watch?v=z\_Sv7IQwBGo**](https://www.youtube.com/watch?v=z_Sv7IQwBGo)

**Home Fitness**

Active 8 Minute Workout Featuring Izzy | The Body Coach TV

[**https://www.youtube.com/watch?v=YIB2SJnBHBQ**](https://www.youtube.com/watch?v=YIB2SJnBHBQ)

**Yoga**

Harry Potter and The Philosopher's Stone | A Cosmic Kids Yoga Adventure!

[**https://www.youtube.com/watch?v=R-BS87NTV5I**](https://www.youtube.com/watch?v=R-BS87NTV5I)

**Home Challenges**

[**https://primarypeplanning.com/home-pe-ks2-activities/**](https://primarypeplanning.com/home-pe-ks2-activities/)

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**Dance**

FRIENDS by Marshmello & Anne-Marie | Just Dance 2019

<https://www.youtube.com/watch?v=Naj1SGmW0h0>

**Home Fitness**

Active 8 Minute Workout Featuring Harry | The Body Coach TV

<https://www.youtube.com/watch?v=TUp2_VAHIrI>

**Yoga**

Minecraft | A Cosmic Kids Yoga Adventure!

<https://www.youtube.com/watch?v=02E1468SdHg>

**Home Challenges**

<https://primarypeplanning.com/home-pe-ks2-activities/>